

Lunch Menu for January 2018



Lunch is served promptly at noon every weekday. If you can't make your reservation, please call and let us know. Thanks!



Monday	Tuesday	Wednesday	Thursday	Friday
<p>1 WVSAC Closed</p>  <p>Happy New Year!</p>	<p>2</p> <p>Tamale Pie with Hamburger</p> <p>Corn & Peppers</p> <p>Green Salad</p> <p>Fruit Cocktail</p>	<p>3 Sweet & Sour Chicken over Rice</p> <p>Oriental Coleslaw</p> <p>Peppers & Onions</p> <p>Mandarin Oranges</p> <p>Fortune Cookies</p> <p><i>Columbia Heights Dessert Day!</i></p>	<p>4</p> <p>Meatloaf</p> <p>Green Salad</p> <p>Peas & Carrots</p> <p>Peaches</p> <p>Scalloped Potatoes</p> <p>Whole Wheat Bread</p>	<p>5</p> <p>Pizza</p> <p>Garden Salad</p> <p>Banana</p> <p>Bread Sticks</p>
<p>8</p> <p>Fish</p> <p>Steak Fries</p> <p>Corn</p> <p>Coleslaw</p> <p>Pears</p> <p>Cornbread</p>	<p>9 Western Day!</p> <p>Roast Beef with Gravy</p> <p>Mashed Potatoes</p> <p>Peas </p> <p>Fruit Cocktail</p> <p>Tossed Salad</p> <p>Whole Wheat Roll</p> <p><i>Sponsored by Prestige Senior Living at East Wenatchee</i></p>	<p>10</p> <p>Baked Ham</p> <p>Pineapple</p> <p>Mixed Veggies</p> <p>Dinner Salad</p> <p>Scalloped Potatoes</p> <p>Whole Wheat Roll</p>	<p>11</p> <p>Spaghetti Pie</p> <p>Corn</p> <p>Caesar Salad</p> <p>Peaches</p> <p>Garlic Bread</p>	<p>12</p> <p>Chicken & Broccoli Casserole</p> <p>Buttered Carrots</p> <p>Tossed Salad</p> <p>Mandarin Oranges</p> <p>Croissant</p>
<p>15 WVSAC Closed</p>  <p>MLK Day</p>	<p>16</p> <p>BBQ Pork</p> <p>Corn & Peppers</p> <p>Tossed Salad</p> <p>Fresh Oranges</p> <p>Mashed Potatoes</p> <p>Whole Wheat Roll</p>	<p>17</p> <p>Hamburger Deluxe</p> <p>Peas & Carrots</p> <p>Spring Greens</p> <p>Mandarin Oranges</p> <p>Potato Salad</p>	<p>18</p> <p>Pork Chops with Gravy</p> <p>Mashed Potatoes</p> <p>Broccoli</p> <p>Garden Salad</p> <p>Applesauce</p> <p>Dinner Roll</p>	<p>19 Happy Birthday!</p> <p>Chicken Cordon Bleu</p> <p>Scalloped Potatoes</p> <p>Green Beans </p> <p>Broccoli Slaw</p> <p>Fruit Salad Biscuit</p> <p>Cake & Ice Cream</p> <p><i>Sponsored by Prestige Senior Living at Colonial Vista</i></p>
<p>22</p> <p>Chicken Fried Steak</p> <p>Corn</p> <p>Field Greens Salad</p> <p>Peaches</p> <p>Rice Pilaf</p> <p>Whole Wheat Bread</p>	<p>23</p> <p>Scrambled Eggs with Ham & Cheese</p> <p>Peppers & Onions</p> <p>Tomato Juice</p> <p>Tropical Fruit Cup</p> <p>Breakfast Potatoes</p> <p>Biscuits</p>	<p>24</p> <p>Sloppy Joes</p> <p>Green Beans</p> <p>Spring Mix Salad</p> <p>Fruit Cocktail</p> <p>French Fries</p>	<p>25</p> <p>Penne Pasta with Meatballs & Marinara</p> <p>Italian Vegetables</p> <p>Caesar Salad</p> <p>Pears</p> <p>Garlic Bread</p>	<p>26</p> <p>Fish Sandwich</p> <p>Corn & Peppers</p> <p>Coleslaw</p> <p>Mandarin Oranges</p> <p>Sweet Potato Fries</p> <p>Whole Wheat Roll</p>
<p>29</p> <p>Chicken Crunch Salad</p> <p>Mixed Veggies</p> <p>V8</p> <p>Oranges</p> <p>Bread Sticks</p>	<p>30</p> <p>Tater Tot Casserole</p> <p>Peas</p> <p>Garden Salad</p> <p>Mixed Fruit</p> <p>Dinner Roll</p>	<p>31</p> <p>Chef Salad with Turkey & Ham</p> <p>Banana</p> <p>Mac Salad</p> <p>Bread Sticks</p>	<p><i>Our lunch program is donation based—no senior (60+) is ever turned away for lack of ability to pay. Suggested donation 60+ is \$3.50 - Under 60 cost is \$8.00</i></p> <p><i>Group Reservations: If you would like a special table please call 2 weeks ahead, thanks!</i></p>	

Please call 662-7036 24 hours in advance for reservations or cancellations