



Lunch Menu for November 2017

Lunch is served promptly at noon every weekday. If you can't make your reservation, please call and let us know. Thanks!



Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>Our lunch program is donation based—no senior (60+) is ever turned away for lack of ability to pay. Suggested donation 60+ is \$3.50 - Under 60 cost is \$8.00</i> <i>Group Reservations: If you would like a special table please call 2 weeks ahead, thanks!</i></p>		<p>1 Baked Ham Green Beans Garden Salad Pineapple Whole Wheat Roll <i>Columbia Heights Dessert Day!</i></p>	<p>2 Stuffed Peppers Mashed Potatoes & Gravy Seasoned Carrots Caesar Salad Bananas Whole Wheat Roll</p>	<p>3 Football Friday! Chili Dogs Corn Green Salad Apple Fries</p>
<p>6 Ham & Rice Casserole Capri Veggies Buttered Beets Peaches Dinner Roll</p>	<p>7 Teriyaki Chicken with Rice Stir Fry Veggies Broccoli Slaw Mandarin Oranges Sweet Roll</p>	<p>8 Salisbury Steak Mashed Potatoes & Gravy Buttered Carrots Garden Salad Mixed Fruit Whole Wheat Roll</p>	<p>9 Pork Chops Peas Tossed Salad Bananas Scalloped Potatoes Whole Wheat Roll</p>	<p>10 Veteran's Day Lunch Hamburger Gravy with Biscuit Corn Spinach Salad Mixed Berries Tater Tots</p>
<p>13 WVSAC Closed</p>  <p>VETERANS DAY</p>	<p>14 Western Day! Beef Pot Roast Mashed Potatoes & Gravy Pears Buttered Carrots Garden Salad  Whole Wheat Roll <i>Sponsored by Prestige Senior Living at East Wenatchee</i></p>	<p>15 Chef Salad with Turkey, Ham & Boiled Eggs Beets Mixed Fruit Cottage Cheese Bread Sticks</p>	<p>16 Chicken Fried Steak Mashed Potatoes Peas Dinner Salad Oranges Biscuit</p>	<p>17 Happy Birthday! Chicken Cordon Bleu Mixed Veggies Tossed Salad  Peaches Scalloped Potatoes Whole Wheat Roll <i>Sponsored by Prestige Senior Living at Colonial Vista</i></p>
<p>20 Lasagna Italian Veggies Caesar Salad Mixed Fruit Garlic Bread</p>	<p>21 Chicken ala King Mixed Veggies Coleslaw Peaches</p>	<p>22 Roasted Turkey with Gravy & Stuffing Cranberry Sauce Mashed Potatoes Green Beans Mixed Fruit Salad Dinner Roll Pumpkin Pie</p>		
<p>27 Fried Chicken Mashed Potatoes & Gravy Corn Melons Green Salad Biscuits</p>	<p>28 Sweet & Sour Pork Stir Fry Veggies Cabbage Salad Mandarin Oranges Rice Sweet Roll</p>	<p>29 Meatloaf Mashed Potatoes & Gravy Green Beans Garden Salad Peaches Whole Wheat Roll</p>	<p>30 Fish Sandwich French Fries Corn Coleslaw Mixed Fruit</p>	

Please call 662-7036 24 hours in advance for reservations or cancellations